



Supporting Youth Workshop

Strategies for helping youth through grief, loss and change

This full-day training is designed for teachers, counselors, youth workers, volunteers, and any others who would like to learn therapeutic strategies and educational approaches to support youth through change and loss.

The workshop goals are to:

1. Increase awareness of the significance of youth grief experiences;
2. Provide an experiential understanding of the *Learning Through Loss* approach to youth grief education and support;
3. Provide practical methods and tools to assist youth-serving professionals in their work supporting youth through loss and difficult times.

DATE: FRIDAY, FEBRUARY 23rd **TIME: 9:00am-3:00pm**
LOCATION: Gulf Islands Secondary School Library
RVSP to Marine McDonnell by February 15th: mmcdonnell@sd64.bc.ca
***Water Taxi Service available for Other Islands school staff**
Participation is free and a light lunch will be provided

Learning Through Loss is a charitable non-profit organization providing grief education and loss support programs to youth and training workshops to youth-serving professionals since 1988. www.learningthroughloss.org

Facilitator: Shauna Janz, MA, is a trauma-informed facilitator, educator and companion in the field of grief and resilience. She has been working with *Learning Through Loss* for 10 years, and also has a private practice offering grief support and community healing rituals. www.shaunajanz.com

In partnership with:



*For water taxi service, please indicate which island you will be travelling from. The deadline for booking water taxi travel is February 7.